Year 6 PE Challenge

On our class page of the school website, you will find a video detailing 6 exercises to complete. Repeat these each week and record how well you do.

Push yourself a little harder each time and see if you can improve your score.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Exercise 1						
Exercise 2						
Exercise 3						
Exercise 4						
Exercise 5						
Exercise 6						
Exercise 7						
Exercise 8						